

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

April 2009

GETTING SPIRITUAL IN SPITE OF MYSELF

By: Brian M. | Wauwatosa, Wisconsin

Raised Catholic, a young man develops his own brand of spirituality in AA

I'm part of the CIA in Alcoholics Anonymous. Catholic, Irish, Alcoholic. I attended Catholic grade schools with nuns in full habits. There was strict discipline, memorized and ritual prayers, corporal punishment, and guilt. In my case I'd rather believe in no God than the one taught to me in my youth.

In all fairness to the church, I should tell you my perception of the world has always been flawed. I grew up in an alcoholic home. My father got sober when I was 10 and Mom went to AI-Anon. But when I was making fundamental decisions about faith, there was no sane person at home to talk to about this. I am not blaming my parents; they were sick. I was just on my own, and given the insanity I saw at home every day, how could there be a God?

I am sure in all the discussions about mortal sin they'd talked about confession and redemption. My alcoholic perception missed that part and focused on the part where I was doomed: seven years and old and going to hell. This perception certainly seemed to fit the house where I grew up. God, for some reason, had condemned me to a life that would be miserable enough to prepare me for hell in the afterlife.

Mom and Dad really straightened out 5-10 years into Dad's sobriety. By that time, I was completing my application for AA myself. I started drinking at 13 and was done three months shy of my 18th birthday. A day of drinking, a shoplifting charge, a broken leg and passing out on my parents bathroom floor at four in the afternoon finished a short but storied drinking career.

When I got to AA I wanted nothing to do with God. I

was shipped off to a treatment center in northern Wisconsin. In all the rooms where meetings were held, the Twelve Steps were on the wall. The main meeting rooms had them on all four walls. At the time, mind you, I felt that I was surrounded by evil in all four directions. I immediately noticed that Bill W. had tried to be clever. "Power greater than myself," "God," "Him," "spiritual awakening": seven of the Twelve Steps needed God. Well, looks like I'm working a five-and-a-half step program, I In all fairness to the church, I should tell you my perception of the world has always been flawed. thought. Maybe I'll take Step Five but leave God out of it. Who am I kidding? I'll never stay sober.

The treatment center drilled two concepts into my consciousness. I was an alcoholic and if I kept drinking, I'd die. The other concept was that I had to go to AA to stay sober. Talk about a rock and a hard place.

I needed to be this desperate. It was the beginning of my spiritual experience. I was sick enough and scared enough to take actions my sponsor recommended, knowing that they wouldn't work, that the steps were a bunch of crap. And I was desperate enough to take enough actions long enough to find out I was wrong. My initial actions were lots of meetings. My sponsor told me that if you're not at an eight o'clock meeting by 7:30, you're late. I did set-up and clean-up, washed ashtrays, hung out with members outside of AA, and made road trips to other meetings. I noticed that all these actions made me feel better.

I cruised through the steps with my sponsor. None of them were what I thought they were going to be. At Steps Six and Seven I needed some help. Simple. He pointed out there were another five Steps and they were a good place to start. I made my list and amends in short order and--surprise, surprise--the Promises started coming true.

We got into Steps Ten, Eleven and Twelve quickly after that. I stalled here for a long time. I had a nagging feel-

(Spiritual: Continued on page 2)

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ing I was missing something. I hadn't had a spiritual experience. At least not in the way I thought I should. My sponsor suggested I start praying in the morning and evening. He gave me some passages from the Big Book to use. I hated it. He suggested I do it for 60 days. I did, hating it every day. It reminded me too much of the memorized prayers of my youth. I couldn't get past the bad memories of praying to a God I Knew had already condemned me.

I told my sponsor I couldn't do this anymore. He laughed and said he'd had the same problem. He gave me a simple, rather profane prayer to say in the morning and evening. A profane prayer? It basically was me asking God to make me useful during the day and thanking him at night. I couldn't believe he wanted me to pray and swear at the same time. I didn't realize it at the time, but I had found a way to open a dialog with the God of my understanding that would help me be more useful to him.

I had read the transcript of an AA's talk from the mid-70s. He said that many people accused him of being a "water-walker." Some people claimed they couldn't get the "spiritual angle" of the program. He laughed and explained that there is no spiritual angle to AA--that everything we do in AA is by its nature spiritual, a form of prayer; every time we try to practice the principles of AA, we are praying. I was blown away.

Everything I do in life when trying to practice the principles is by its very nature spiritual. For me going to a meeting is a form of prayer and meditation. If the God of my understanding wants to get my attention, I can't think of a better place to be than an AA meeting, or working with a newcomer, or attending a picnic or birthday party, or hanging out with my AA friends.

I discovered I'd had a spiritual experience years before I knew it. I had moved from a selfish approach to life to trying to contribute to the lives around me. I came to believe that the God of my understanding had endowed me with certain gifts and skills that, when used properly, made me feel good.

I took the steps and had a spiritual experience--by taking actions I knew wouldn't work long enough to see they did. And the best part was my spiritual experience happened in spite of my long-held belief that I couldn't have a spiritual experience. What a great deal for a guy like me.

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February 1993

Living the Principles

By: Tom F. | La Crosse, Wisconsin

It was 1967 and I was attending my first Southwest Wisconsin AA Conference. I saw him in the crowd and thought, What a weird-looking character. He had large

soulful eyes and a haircut so short it made his head look shaved. If he'd been wearing a brown robe, he could have passed for a monk. He looked unusual but nodded and grinned as he passed me. I remember thinking, in my normal critical mode, "Well, it takes all kinds"

The main speaker at the conference was a bright, charming fellow who had a marvelous sense of humor and the gift of gab. He was a local attorney who told us he had just completed a year of sobriety after many years of AA exposure. He was one of those dynamic speakers who holds the audience in the palm of his hand. Even in my critical mode, I could find little or nothing to criticize about this individual. After his speech, I stood in a long line of recovering alcoholics to shake his hand and chat with him. I remember doing something usually foreign to me, complimenting him and expressing my gratitude for his message.

As we talked, the attorney looked out at the several hundred alcoholics in the auditorium and gesturing to them, he said, "There's no doubt in my mind that I'm the most intelligent person in this building. I can recite the Big Book backwards and forwards. My problem is practicing what I've been able to memorize!" He said that after twenty years of exposure to the Twelve Steps, he had for the first time managed to stay sober for one year. He put his hand on my shoulder and suggested that if I was looking for a role model he was a poor one, although entertaining. It was then that he pointed to the guy with the goofy haircut and the soulful eyes and said, "There's a much better role model for you to follow. He and I started in AA at the same time. The major difference is that he's been sober for twenty years and I've only been sober for one." He told me that the man was a sewer department foreman from Wausau. He was absolutely sure that he was more intelligent than this man. And he was equally sure that this man was far wiser than he could ever hope to be.

They had become friends over the past twenty years and no matter how many times the intelligent one tried to criticize or lecture the wise one, he tended to complicate things while the other kept things simple. My hero-worshipping was diminishing with this astonishing honesty--from an attorney yet! He took me over to the monkish fellow and introduced us. His name was Gib and he smiled and said, "It's nice to see young people getting sober." (I was 29.) He certainly wasn't very impressive to me at first, yet over the next twenty-five years I grew to respect, love, and cherish his friendship and guidance.

Gib was the ultimate mentor who taught by example and lived the principles simply, as they surely were intended. He stuck to the first person in conversations, and in response to my ongoing cynicism and criticism of others, he would simply spread his arms, raise his eyes upward,

(Principles: Continued on page 3)

and say, "What I do, Tom, is ask myself, am I doing the best I can? Am I living the program to the best of my ability? I leave the rest to my Higher Power." It was the nicest way I've ever been told to mind my own business—to take my own inventory, change the things I could, and accept what I couldn't change.

Sometimes as I drove to work, I saw Gib with a crew in the middle of the street. I'd honk to get his attention, spread my arms, raise my eyes skyward, and watch him grin and reply in kind. Many times it set the tone for the day: Keep it simple, keep the focus on myself.

Gib often told the story of early Wausau AA and how discouraging it was to rent a hotel room for a meeting, buy doughnuts, and have no one show up. On one such night he came home, slammed the bag of doughnuts on the kitchen counter, and when his wife asked how the meeting was, he said no one came. He asked her what good was renting the room and buying the doughnuts when it didn't help anybody. She looked him straight in the eye and said, "What do you mean, it's not helping anybody? It's keeping you sober, isn't it?" Gib never complained about attendance again.

My friend Gib died this year and I'm still grieving and feeling his loss. But I also feel very fortunate to have known him and been enriched by his friendship and wisdom. More than anyone else, Gib gave me the answer to the half-empty, half-full problem all alcoholics struggle with. So I miss you, old friend, but your memory continues to enrich my life and the lives of many others who practice the principles you lived by.

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February 2024 | Getting Through Tough Times | Our Personal Stories

Ranger Danger

By: Barbara L. | Edgewood, New Mexico

A sober park ranger alone in remotest Alaska gets offered a shot of whiskey from some fishermen. Big Book to the rescue!

I think everyone has moments when reading the Big Book when the thought, Oh, Bill, that's so silly, occurs. Then, as time passes, the concept Bill W. was trying to convey jumps off the page and into our lives. Here's one of those moments that recently happened to me.

Sobriety has not brought me a life beyond my wildest dreams. But it has brought me a life that fulfills my childhood dreams. As a child growing up in an alcoholic

home I had dreams that would soothe me and make me feel that someday I would be happy. One of these dreams was to be a National Park Ranger in a gorgeous national park.

In sobriety I've had the good fortune to become a National Park Ranger in a remote park in Alaska, where I live among wild nature at its purest. There's only one 23-mile-long road in a park of four million acres. The only access to the park is by float plane or boat.

One day I arrived at my park cabin to see that other rangers were gearing up to go by boat to locate a bear that might be in trouble. They thought the bear had something entangled around its neck, so I went along for the ride. I didn't have wading gear so I knew I would be hanging around at the mouth of the river while they ventured up-river to look for the bear.

When we arrived a group of fishermen were angling in the mouth of the river. They were with a private guide. The other rangers took off and left me with the fishermen. As I stood on the bank of the river, a fisherman came over and started posing with a bottle of whiskey. Now, whiskey was my drink of choice 13 years ago. That whiskey did look mighty good. As I watched the fishermen take selfies, I thought of all the whiskey shots I had consumed during my drinking days. Then the fisherman came over to me and said, "I don't suppose you drink whiskey." I replied, "Well, I used to."

At that moment, a passage I have always chuckled at in the Big Book came to mind. Our cofounder is writing about how it's OK to go where liquor is served so long as we keep in fit spiritual condition. Bill says that if an alcoholic can't be around liquor his "only chance for sobriety would be someplace like the Greenland Ice Cap," and even there, some local native "might turn up with a bottle of scotch and ruin everything!"

Right when the fisherman offered me the whiskey, I remembered Bill's quote and laughed. I was washed with such a sense of gratitude to AA. I can be in the absolute middle of nowhere now and not be tempted by the offer of my drink of choice.



What a blessing to have AA standing behind me, even in the remotest location, with the wisdom of the Big Book and the program supporting my sobriety—no matter what and no matter where.

Without AA, I would not be a park ranger and I would not be in Alaska and I would not have had the spiritual tools to tell them, "Well, I used to" drink whiskey. Gratefully, not anymore. Thank you AA, for these

blessings in my life.

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Lost in Gilroy

By: George M. | Scottsdale, Arizona

With his gallon bottle and dreams for a perfect day gone, he took his last dime and made a call

I was a dark and stormy soul when I ended up in the town of Gilroy, California.

The day started off cold and damp. I was miserable. Rain was coming. It was a dismal day and my mood matched the weather.

I was living in San Jose. Having lost my driver's license two years earlier, my usual mode of transportation was to hop on the No. 68 city bus. I'd sit in the back row and look as intimidating as I could for a 5-foot-4-inch, skinny Mexican guy with an attitude. Hidden in my backpack was a gallon bottle of cheap wine and a straw.

Paying the bus fare and buying the gallon of my favorite drink had left me broke. My plan for the day was to ride the bus and watch the blurry scenery go by while avoiding eye contact with other travelers. All I wanted was to just sip on my straw inconspicuously until the bottle was empty. I wanted to be left alone.

Sometime later though, I found myself being rudely awakened by the bus driver. I had been on the bus all day and it was now dark. I don't know how many times I slept through the bus route. It was dark outside now and the smudged bus windows were all fogged up. I was unceremoniously being escorted off the No. 68 bus.

I was unsure of where I was. My backpack was empty. My gallon-sized friend had been left on the floor of the bus. I gave a little wave goodbye as the bus driver drove off with my empty bottle, along with my empty dreams for a perfect day gone. I wandered around trying to get oriented to where I was. The pouring rain matched my rotten mood. Once again, I had repeated a day that I'd told myself more than once would never happen again.

Walking with my head down to avoid the rain stinging my face, I bumped into a payphone. Thinking this was a good omen, I checked for any change in the coin return slot, also called the "flipper bucket." Empty.

I pushed my hands deep into my pockets to warm them and I found a wadded up bit of paper. Wrapped up in the wad of paper was a dime. The paper, I remembered, had a man's phone number on it. When he had given me his number and the dime, he said, "Keep this and call me anytime you want my help."

That night, I wanted his help. I struggled to read the numbers on the paper. The light from the phone booth was dim and I was seeing double. Everything was blurry.

Squinting as hard as I could, the numbers finally began to

appear before me one digit at a time. I clumsily inserted my last dime into the slot. I dialed the number carefully. I was scared; my hands were shaking. I was afraid that if I misdialed, I would be stuck there forever.

The phone on the other end rang and rang. It was loud and my head hurt. I needed something to calm my nerves. Was the ringing in my head or on the other end of the damp receiver? Finally I heard a soft, sleepy hello. I hesitated. Was this the right number? Was this the right man? "Hello," he repeated.

"This is George," I said. "You gave me your number and a dime." I explained that I was lost and my bottle was left on the bus and I needed help.

"Where are you?" the man asked. "I will come and get you." I told him I didn't know where I was so I'd look around for street signs. Proud of myself, I said, "I am on the corner of Walk and Don't Walk."

A few more questions and the line went dead. Did he say he would find me? Had he told me not to move from my location? My head was spinning and the rain was falling again. I waited and waited. It seemed as if time had stopped. Finally, a seeming eternity later, headlights approached me very slowly. I was afraid. Perhaps it was the police.

The driver of the car pulled up; the window rolled down. "Jump in," he said. It was the man who gave me the dime.

Soon I learned I was in Gilroy, an hour away from the beginning of my journey in San Jose, a journey that had begun at 8:00 that morning. The man drove me to his home, where he gave me a meal and dry clothes. We talked and talked. He told me I didn't have to feel like this ever again. As daylight began to shine through the windows, he drove me all the way home to my small room. There was a bed, a pillow and another empty bottle.

I didn't stay sober after my adventure on the bus that night in Gilroy. I had some more

"research" to do. I had to dig a deeper hole.

Months later, when I staggered into the rooms of AA, the first person I saw was the man who gave me the dime—the man who found me on the corner of Walk and Don't Walk. I asked him to be my sponsor and he said he would be delighted to do so. I didn't understand why he said "delighted," but I learned why later.

That man was my sponsor for 21 years before he passed away. He taught me everything I needed to know. "Gratitude is a verb" and "Don't tell me you're grateful, show me" were two of his favorite sayings.

I live in Arizona now. All of this took place 34 years ago. Today I am very busy in the Fellowship and I still attend five meetings a week. Now I tell men "Gratitude is a verb" and "Don't tell me you're grateful, show me." We pass it on; that's how it works.

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In a roomful of men

By: Vera T. | White Sulphur Springs, Montana

The women were scarce in her neck of Montana, but she got plenty of love nonetheless

I didn't start drinking until I was 21. I drank socially for about 10 years or so, then eventually crossed the line into alcoholism. My descent was gradual. I hit bottom in the living room of my house where I lived alone. My 29-year marriage had failed, my sons were away at school, I was entangled in a sick relationship and I had to have a drink in the morning in order to face my wreck of a life.

There was a newspaper on the coffee table that day. Some words on the page jumped out at me: "Is someone you love also someone you hate?" It was an ad for an alcoholism treatment center. I'd been unaware that there was such a thing, but by the grace of God, I made a call and ended up there. Luckily, the center stressed the importance of AA. I have often said that treatment saved my life, and AA taught me how to live sober. I grabbed onto AA like a drowning person grabs a life preserver.

Because I lived in a rural area, I often had to drive long distances to meetings. If I complained, an old-timer would ask, "How many miles did you drive to get a drink?"

When I came into the rooms, it was mostly men there. That was OK with me. I liked men, but those church basements were nothing like the bar scenes I'd been used to. The men were clean, sober and polite. I came to love them like kind uncles and brothers. They were so patient as I fumbled my way through early sobriety. They told me to keep coming back. I'm forever grateful for those men.

As the years went by, more women showed up and our meetings were enriched by their presence. Eventually, the meetings in our area became smoke-free. That was hard on newcomers, as I remember.

I've learned so much from living life the AA way. All the Promises listed in our Big Book have come true in my life—all of them—by God's grace and by my diligent working of the Steps. Have I achieved perfection? Of course not. One of my favorite lines in our book is, "We are not saints."

I recently celebrated 37 years of sobriety. In July, I celebrated my 80th birthday with feelings of overwhelming gratitude that in the year I was born, those two fellows Bill and Dr. Bob got together and formed the Fellowship that would change my life 43 years later.

I've learned in AA that whatever happens, I'll be all right, as long as I don't pick up that drink. It's the first one that can lead us back into the madness of active al-

coholism. I never want to go there again. I learned from the old-timers not to take myself too seriously. AA laughter is so healing.

Over the years, my greatest challenge has been to get out of my own way. And my greatest joy was learning how to give it away.

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February 2019 | Stories by Our Longtime Members

Can I help you?

By: Charles W. | Leesburg, Florida

It was late December and I had around nine months sober. I was currently working on my Second Step, yet I wanted to work the Ninth. I wanted my life to be better soon, back the way it was before I destroyed it all.

I had written a letter to a loved one the previous week, explaining what I was doing and how my life was going. But I acted on emotion and selfishness. I didn't think. When I got back a response, I was devastated. It brought back all the negative emotions from my past, how worthless I thought I was about all the dirty deeds I had done.

I never drank to get drunk. I drank to hide from the world, to keep from feeling any emotions, good or bad. But in early sobriety, I wouldn't do anything to stop myself from drinking. I wouldn't go to a meeting, or call my sponsor or tell anyone. I would just react. And I'd relapse. It was exactly as our literature says. I'd arrive at the liquor store and have no idea how I'd gotten there.

At the time, I considered myself an atheist. I was struggling to believe in a power greater than myself. The word God made my blood boil. I wanted absolutely nothing to do with a God of anyone's understanding, let alone a power greater than me. God had given me signs all my life. I just chose to ignore them.

One day, as I walked through the automatic door of my liquor store to buy my poison, a bell went off to alert the clerk that someone had entered the store. For some reason, that day, that bell spoke to me louder than anyone or anything ever had. In a flash, everything made sense. That day, I woke up to what I was doing. God had other plans on that day.

Instead of buying the liquor, I ran as fast as I could three blocks away, where an AA meeting was happening. I burst through the doors and broke into tears. My brothers and sisters there welcomed me with open arms. To some people it may have just been a little bell at the entrance to a liquor store. To me, in that moment, the bell was God speaking to me. That tiny little ding-ding of a bell was a power greater than me.

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Come Join Our Tuesday Nite Impaired Professional AA Meeting



Tuesday nights at 7:00
Holy Trinity Lutheran Church
11709 W. Cleveland Ave., Milwaukee

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.
Hope to see you there!!



Threads of Recovery
presents

AA History
Through the Lens of the
General Service Conference Advisory Actions
1951 - 2023

Francine W.
Palm Desert, CA



Merri M.
Des Moines, IA

Concept 2

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

Fridays, Starting August 9, 2024

8amPT / 10amCT / 11amET / 4pmUK
Mtg. ID: 826-9431-0797
PW: 124145



LGBT AA Meeting
All AA members are welcome
Sunday afternoons at 4pm

located in

MKE LGBT CENTER
315 W Court Street
Milwaukee, WI 53212



Accessibility Lift in building
and plenty of parking in lot adjacent to the building
Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking."

<https://www.aa.org/>

Posted Dec. 2023



Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us
At 7:30 pm



St. Pius Church
2520 N. Wauwatosa Ave. (76th St.)
Just north of North Ave.

[Click here](#)
[for Map](#)

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions,

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[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.

Or Contribute using **PayPal** or your **Credit Card** from our website.



MILW. CENTRAL OFFICE

• E-mail us at:

dan@aamilwaukee.com

Hours:

M - F 9 a.m. to 4:30 p.m.

Sat. 9 a.m. - 12 p.m.

• Board of Directors

Meeting, in-person.

Wednesday following 2nd

Tuesday (odd months)

6:30 p.

• A. A. Meetings, Sun. at 9 a.,

Mon.- Fri. at 12:15 p.,

Sat. 9:15 a., & 10:30 a.

• Dist. 14 monthly meeting,

4th Wed. at 7 p.m.

• Dist. 16, monthly meeting

1st Thursday at 6:00 p.m.

Spanish Speaking Meetings:

Meeting at English Speaking Clubs

• Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.

• GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM

• GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution?

Use our **CONTRIBUTE**

button on our website:

aamilwaukee.com or

use our your **VENMO app**

from your smartphone.

Meeting Space Currently Available

• [DryHootch](#), 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)

• [West Allis Senior Center](#), 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).

• [Luther Memorial Church](#), 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com

• [St Peter's Episcopal Church](#), 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net

• [Anchor Covenant Church](#) 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane,

Oconomowoc, WI 53066,

(262) 567-6900 Email:

rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2024 Weekend Retreats

[Jesuit Retreat House](#),

4800 Fahrwald Rd.

Oshkosh, WI.

WI 54901,

call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, AI-Anon

Total cost: 4 days \$390.00.

Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

ZOOM MEETING NEEDS SUPPORT!

ZOOM At Noon Women's Meeting

Monday, Wednesday and Friday at 12:00 PM (Noon)

[https://us02web.zoom.us/j/5877359740?](https://us02web.zoom.us/j/5877359740?pwd=Rytda2hwNlczeExqL1l2SjZFR2dYUT09)

[pwd=Rytda2hwNlczeExqL1l2SjZFR2dYUT09](https://us02web.zoom.us/j/5877359740?pwd=Rytda2hwNlczeExqL1l2SjZFR2dYUT09)

By phone, dial 312-626-6799 and enter Meeting ID #

Meeting ID: 587 735 9740 Password: 123456

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://us02web.zoom.us/j/3217513275), Passcode: [323232](https://us02web.zoom.us/j/3217513275)

34. WAUKESHA CNTY: 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2025 Madison Senior Center, 330 W Mifflin St, Madison WI. 9 A.M. to Noon except where noted.](#)
2024 [Area 75 Fall Conference.](#) Fri Nov 1st to Nov 3rd. Chula Vista Resort, Wisconsin Dells
2025 [Winter Service Assembly](#) – January 19 at the [Madison Senior Center Delegates Workshop](#) – March 9, at the [Madison Senior Center Spring Service Assembly](#) – April 6, at the [Madison Senior Center Summer Service Assembly](#) – June 22, at the [Madison Senior Center International Conference](#) – July 3-6, in [Vancouver, B.C., Canada](#)
[Fall Service Assembly](#) – September 14, at the [Madison Senior Center Area 75 Fall Conference](#) – November 7-9, at [Ingleside Hotel, Pewaukee, WI](#)

In-person meetings have started back up in the Area corrections facilities. Contact Eugene "Geno" P., Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com

- TAYCHEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINNE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: mcccoordinator@gmail.com.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: mcccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mcccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study</p> <p>Wed. 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:00 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.</p> <p>Fri. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird</p> <p>Sat. 10:30 a. Happy Joyous Free 7:00 p. Vajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday</p> <p>Mon. 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Tue. 1:00 p. 4:00 p. 7:00 p. Life House Beginners 8:00 a.</p> <p>Wed. 8:00 a. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525</p> <p>Fri. 8:00 p. Grapevine Mtng 12:30 p. 4:00 p. 8:00 p. Old School House</p> <p>Sat. 10:00 a. Big Book OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.alanoclubofwaukesha.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP) Fri. 12:00 p. T.G.I.F. Gp (IP) 6:30 p. Half Measurers (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillion Group.</p> <p>Sunday: (V & IP) 4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/ phone/video) 4th Sunday is Open Mtng.</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p> <p>Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In- person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP)</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Thr Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT)</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now 7:30 p. Men's Zoom Mtng. 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic</p> <p>Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic 8:30 a. Big Book/Steps 10:00 a. Big Book</p> <p>8:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Mon. 7 p.m.** Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 6:00 p. More About 12&12 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 7:00 p. Big Book Connection</p> <p>AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon</p> <p>● Open Mtng. 3rd Sunday of month</p>	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types of meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>TRI-COUNTY UNITY CLUB 110 S 2nd St. Watertown WI www.tricountyunityclub.com</p> <p>Sunday 11:00 a. Big Book Study 6:30 p. New Beginners 7:00 p. Spanish Nuevo Amanecer Monday 10:00 a. Eye Opener Grp. 7:00 p. As Bill Sees It</p> <p>Tuesday 7:00 p. Spanish Nuevo Amanecer Wednesday 10:00 a. New Freedom 7:00 p. Lost In Woods (Women)</p> <p>Thursday 10:00 a. Thur. Morning 7:00 p. Spanish Nuevo Amanecer 8:00 p. Big Book Group</p> <p>Friday 4:30 p. Friday Happy Hour 7:00 p. Reality Check</p> <p>Saturday 10:00 a. Morning Group 8:00 p. Saturday Night Open Mtng</p> <p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916</p> <p>Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



<u>Years</u>	<u>Name</u>	<u>Home Group</u>
33 (Feb. 1992)	George M.	West Bend Meetings
42 (2-15-1983)	Nancy H.	Hartford Women's Big Book
31 (2-28-1994)	John M. W.	South Milwaukee Groups
44 (2-25-1981)	Bob "Muff" Mc.	Walworth Cnty Alano Club
38 (2-12-1987)	Rhonda P.	Serenity In the Woods.
37 (2-15-1988)	Irene L.	Badger Gp.
42 (2-10-1983)	Scot H.	



**Brown Bag Meeting,
Wednesdays
@ The H.O.W. to Club**



Open Meeting/Bring Your Own Lunch

This is an open meeting where you bring your own lunch but please purchase your drinks at the club.

Wednesdays, Starting 11/6/24

Meeting time @ 12:30-1:30

HOW to Club - 8930 W National Ave, Milwaukee, WI 53227

Contact Rick H. For more information: 262-758-4705



NEW WOMEN'S AA MEETING

GIRLS JUST WANNA HAVE FUN

Starts **Wednesday** December 4th

6:30 PM

Mt Olive Lutheran Church

211 Main St. Mukwonago

Enter through the South door from the parking lot



Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use Venmo from your smartphone.

@MilwaukeeCentralOffice-AA

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



NEW MEETING ANNOUNCEMENT

The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?*

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where: St. John's Lutheran Church, 20275 Davidson Rd, Brookfield WI

GREATER MILWAUKEE CENTRAL OFFICE
HOSTING

SPRING THING

DINNER AND OPEN SPEAKER MEETING

SATURDAY, APRIL 26, 2025

HOSPITALITY: 5:30 PM, DINNER: 6:15 PM

AA SPEAKER: 7:30 PM,

MIKE O. (ELM GROVE LIVING SOBER GROUP)

MILWAUKEE ELK'S LODGE #46

5555 W. GOOD HOPE RD, MILWAUKEE, 53222

SEATING IS LIMITED: **\$25.00 PER PERSON**

Tables of 8. If you want to sit together, get your tickets together.

Proceeds to support Milwaukee Central Office.

Tickets by mail, \$25.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: dan@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number _____ Expiration Date ____ / ____

Name _____ Phone _____ CVC# _____

Address _____ Zip Code _____

E-mail Address: _____

Number of tickets ____ X \$25.00 = \$ _____

Tables of 8. If you want to sit together, get your tickets together.

Tax deductible donation to
Greater Milwaukee Central Office..... + \$ _____

Check or Credit Card Total..... = \$ _____

Cut-off date for tickets Monday April 21, 2025.

Buffet menu, with a bunch of stuff.

